



EST Bulletin

2025-26 Season • Nov 26, 2025

Find us:  @estswimming  Eagle Swim Team

Helpful Links and Info

- [Practice Adjustments](#)
- [EST 2025-26 Meet Schedule](#)
- [EST Homepage](#)
- [Parent Corner \(Article\)](#)

Upcoming Competitive Meets

Dec 11-14 LAC Holiday Cup- [Meet Details](#)

- **Hotels:** There are 2 large events in the area the same weekend. If your swimmer plans to attend, please reserve your rooms ASAP!

Dec 13-14 ASC Holiday Invite- [Meet Details](#)

Dec 20-21 MAS Mini Meet- [Meet Details](#)

Jan 9-10 EST Mid-Winter Invite

- Opt-Out Deadline: Fri 12/19
- See [Meet Details](#)

Jan 24-25 MAC Hogan Mini Meet

- Opt-Out Deadline: Fri 12/19
- See [Meet Details](#)

Save the Date!

The EST Fire Sale will be **Wednesday, December 17th** in the pool lobby. Get apparel for low prices. Stay tuned for details.

Pre-Team Programs

Winter Session Registration [Now Open.](#)

If you know of a swimmer who would be a good fit for our swim clinic or stroke group, please spread the word!

Ravens Raffle Tickets

Tickets sell for \$10. The grand prize consists of two regular season Ravens tickets for the 2026 season!! The second place prize is a \$300 Visa Gift Card. We ask each family to please have a goal of selling at least 10 tickets.

The drawing for the prizes will take place on **Sunday, January 11th** during our Winter Invite at McDonogh School. Ticket stubs and cash/checks can be placed in an envelope, with your family's name on it, in the coaches' drop box (on the wall to the right, walking into the pool upper stands/bleachers) once you have sold your tickets. If you are a family who often writes a check for the tickets or money collected, please feel free to use our Venmo this year if that is more convenient. [QR code above]

Eagle Swim Team
@eagleswimteam



GroupMe Sign Up Links

Stay connected and up-to-date on everything going on with your training groups. Download the app today and join your swimmers GroupME chat.

Minis-https://groupme.com/join_group/111783175/vcHzz5lY

Bronze-https://groupme.com/join_group/111783140/Jbuk7Fvo

Silver-https://groupme.com/join_group/111783089/hECFUxn3

Gold-https://groupme.com/join_group/111782898/INNe5piH

Platinum-

https://groupme.com/join_group/111782752/98h0Rjfl