



# EST Bulletin

2025-26 Season • Nov 12, 2025

Find us:  @estswimming  Eagle Swim Team

## Helpful Links and Info

- [Practice Adjustments](#)
- [EST 2025-26 Meet Schedule](#)
- [EST Homepage](#)
- [Parent Corner \(Article\)](#)

## Upcoming Competitive Meets

Nov 14-16 NBAC Thanksgiving Meet-

- See [Meet Details](#)

Dec 11-14 LAC Holiday Cup-

- Those that qualify for 5 or more events
- Opt-Out Deadline: Fri 11/14
- See [Meet Details](#)
- **Hotels:** There are 2 large events in the area the same weekend. If your swimmer plans to attend, please reserve your rooms soon!

Dec 13-14 ASC Holiday Invitational-

- Those Swimmers not attending LAC
- Opt-Out Deadline: Fri 11/14
- See [Meet Details](#)

Dec 20-21 MAS Mini Meet-

- Opt-out Deadline: Fri 11/21
- See [Meet Details](#) for Mini Meet

## Save the Date!

The EST Fire Sale will be **Wednesday, December 17th** in the pool lobby. Get apparel for low prices. Stay tuned for details.

## EST Shout Outs!

Swimmers who have earned access to the 100% club!

Eva Alae	Journey Blackwell
Markus Charurat	Maryn Cole
Allyn Dike	Eli Faybusovich
Ethan Faybusovich	Jayden Gohng
Summer Hu	Isaac Kim
Addison Lam	Emilia Li
Lillian Lien	Jude Matu
Emma Moody	Callan Poirier
Billy Porter	Justin Shi
Boya Shu	Evelyn Stewart
Aiden Spencer	Lucy Valenti
Zeke Wickham	



These swimmers have attended all practices, and meets for the month of October. They embody EST's core value of Commitment! Congratulations!

## EST Parent Recognition

A special thank you from our board of directors and coaching staff to all parents that have stepped up to be timers, especially when it was not our own hosted meet!

And a very special thank you to those parents that went above and beyond to time when not scheduled. On Sun, Nov 9th, at the Mercersburg Invite, during the AM session, 14 of 20 timers behind the blocks were EST Parents! This made sure the meet started on time and ran smoothly. Thank you parents!

## Pre-Team Programs

Winter Session Registration [Now Open.](#)

If you know of a swimmer who would be a good fit for our swim clinic or stroke group, please spread the word!