



EST Bulletin

2025-26 Season • Jan 7, 2026

Find us: [@estswimming](https://www.instagram.com/estswimming/) — [Eagle Swim Team](https://www.facebook.com/EagleSwimTeam)

Helpful Links and Info

- [Practice Adjustments](#)
- [EST 2025-26 Meet Schedule](#)
- [EST Homepage](#)
- [Parent Corner \(2022 Senior Speech\)](#)

Upcoming Competitive Meets

Jan 9-10 EST Mid-Winter- [Meet Details](#)

Jan 23-25 IMXtreme Games (College Park)

- [Meet Details](#)

Jan 24-25 MAC Hogan Mini Meet

- [Meet Details](#)

Jan 31-Feb 1 ASC Senior Meet (Senior Div Only)

- [Meet Details](#)

Feb 14-15 EST vs. NAAC Dual Meet (@UMBC)

- LAST CHANCE STATE QUALIFYING MEET
- Opt-Out Deadline: Fri, 1/16
- [Meet Details](#)

Feb 15 EST Quad Mini Meet (@UMBC)

- Opt-Out Deadline: Fri, 1/16
- [Meet Details](#)

Feb 19-22 MD Senior Championships

- Opt-Out Deadline: Fri, 1/23
- [Meet Details](#)

March 5-8 MD 14 & Under Championships

- Opt-Out Deadline: Fri, 2/6
- [Meet Details](#)

Age Group NCSAs Hotel

Eagles have a limited block of rooms for a great rate (\$139 per night!) at the Hampton Inn I-Drive/Convention Center, Orlando. Please check out the [website](#) for details and the reservation link.

Ravens Raffle Tickets

The Ravens may not be in the playoffs, but we'll be back strong next season!

Please keep selling your raffle tickets. The deadline to turn them into the coaches' box is this weekend

Sunday, January 11th at 12 noon. The drawing will be right before the start of the final session and winners will be called immediately!

EST Shout Outs!

Swimmers who have earned access to the 100% club!

Jackson Bankard	Journey Blackwell
Maryn Cole	Finn Davis
Ben Henlon	Bella Hopkins
Maxwell Jackson	Ethan Kwak
Isaac Kim	Kaylee Lucey
Matthew Liu	Lilly Nicholas
Riley Poirier	Billy Porter
Corinne Rinker	Brooke Ryan
Molly Ryan	Aiden Spencer
Nora Whitty	Delaney Williams



These swimmers have attended all practices and meets for the month of December. They embody EST's core value of Commitment! Congratulations!