



EST Bulletin

2025-26 Season • Dec 10, 2025

Find us:  @estswimming  Eagle Swim Team

Helpful Links and Info

- [Practice Adjustments](#)
- [EST 2025-26 Meet Schedule](#)
- [EST Homepage](#)
- [Parent Corner \(Video\)](#)

Upcoming Competitive Meets

Dec 11-14 LAC Holiday Cup- [Meet Details](#)

- **Hotels:** There are 2 large events in the area the same weekend. If your swimmer plans to attend, please reserve your rooms ASAP!

Dec 13-14 ASC Holiday Invite- [Meet Details](#)

Dec 20-21 MAS Mini Meet- [Meet Details](#)

Jan 9-10 EST Mid-Winter Invite

- Opt-Out Deadline: Fri 12/19
- See [Meet Details](#)

Jan 24-25 MAC Hogan Mini Meet

- Opt-Out Deadline: Fri 12/19
- See [Meet Details](#)

Holiday Schedule

Mon, 12/22: Normal Schedule

Tues, 12/23: Normal Schedule

Wed, 12/24: Christmas Eve

- Senior Division Practice 7-9:30am
- Bronze, Silver, Platinum Cancelled

Thurs, 12/25: Christmas ALL GROUPS CANCELLED!

Fri, 12/26: Boxing Day

- Senior Division Practice 7-9:30am
- Bronze, Gold, Platinum Cancelled

Sat, 12/27: Normal Schedule

Sun 12/28: Normal Schedule

Mon, 12/29: Regular Practice Schedule except:

- Senior Perf & NTG 7-9:30am & 3:30-5:30pm
- Senior & Platinum add 9:15-11am

Tues, 12/30: Regular Practice Schedule except:

- Senior Division Practice 7-9:30am
 - Followed by Senior Division Event
- Platinum add 9:15-11am

Wed, 12/31: New Years' Eve. No PM Practices

- Senior Division Practice 7-9:30am
- Platinum 9:15-11am
- Mins, Bronze, Silver, Gold 9:30-11am

Thurs, 1/1: New Years ALL GROUPS CANCELLED!

Fri, 1/2: Regular Practice Schedule except:

- Senior Perf & NTG 7-9:30am & 3:30-5:30pm
- Senior & Platinum add 9:15-11am

Sat, 1/3: Normal Schedule

Sun, 1/4: Normal Schedule

EST FIRE SALE! *Everything must Go!*

The EST Fire Sale will be **Wednesday, December 17th from 5:30-7:00pm** in the pool lobby. ONE NIGHT ONLY! Many items sold at half price or less. No need for cash, accounts can be billed on Jan. 1st.

Pre-Team Programs

Winter Session Registration [Now Open.](#)

If you know of a swimmer who would be a good fit for our swim clinic or stroke group, please spread the word!

EST Shout Outs!

Swimmers who have earned access to the 100% club!

Eva Alae	Kora Bell
Jackson Bankard	Journey Blackwell
Mason Busch	Aurora Decktor
Maryn Cole	Finn Davis
Mimi Deoliveira	Allyn Dike
Eli Faybusovich	Ethan Faybusovich
Jayden Gohng	Maxwell Jackson
Isaac Kim	Kaylee Lacey
Mason Lam	Jovee Liang
Lillian Lien	Matthew Liu
Jude Matu	Emma Moody
Brielle Mwangi	Maya Paterson
Opal Pieninck	Riley Poirier
Billy Porter	Corinne Rinker
Ida Rubin	Justin Shi
Bofeng Shu	Aiza Sood
Evelyn Stewart	Aiden Spencer
Zeke Wickham	Adalyn Zucco



These swimmers have attended all practices and meets for the month of November. They embody EST's core value of Commitment! Congratulations!

Ravens Raffle Tickets

Tickets sell for \$10. The grand prize consists of two regular season Ravens tickets for the 2026 season!! The second place prize is a \$300 Visa Gift Card. We ask each family to please have a goal of selling at least 10 tickets.

The drawing for the prizes will take place on **Sunday, January 11th** during our Winter Invite at McDonogh School. Ticket stubs and cash/checks can be placed in an envelope, with your family's name on it, in the coaches' drop box (on the wall to the right, walking into the pool upper stands/bleachers) once you have sold your tickets. If you are a family who often writes a check for the tickets or money collected, please feel free to use our Venmo this year if that is more convenient. [QR code above]

Eagle Swim Team
@eagleswimteam

